



**GODQUEST**  
**THE LAST SUPPER – MARCH 22**

This week we're talking about the Lord's Supper and why we practice this.

**What is the Lord's Supper?**

Each week our church participates together in what is called the Lord's Supper (or you might hear it called Communion). It's not a real supper or even a sit-down dinner. As a church, we drink grape juice and eat pieces of bread which symbolize Jesus' body and blood. And through that act we're reminded as a church the importance of Jesus' death, burial and resurrection.

**Why do we do the Lord's Supper?**

We do the Lord's Supper because Jesus did it before He died on the cross to help his followers (including us) remember what he did for us. He had His friends, the disciples, around Him at the Passover Meal (the Last Supper). Let's watch this video to see how it might have looked.

**Video:** Right Now Media's [Holy Moly Easter The Last Supper](#) (watch until 2:49)

Now that we've seen what that supper might have looked like, let's read from the Bible what happened. Help your child find **Luke 22:14-20** and read the verses together. Then explain:

Jesus told His disciples to do this act of drinking juice and eating the bread, in remembrance of Him. He wanted them to stop, take a moment, and reflect on what He did on the cross for us. Jesus tell his disciples that one of them will betray him. It was Judas, the one who runs off at the end of the video.

**Who can do the Lord's Supper?**

At our church, we participate in closed communion. This means that only people who have made the decision to follow Jesus Christ and made Him their Savior, can take the bread and juice. It's not open to just anyone who wants to do it. We do this all together, so we can all be unified as a church body, remembering Jesus' terrible death on the Cross.

This is also a very serious time. You need to be respectful, quiet, and take time to pray and confess any sins you have in your life. You can also take time to thank God for the sacrifice of sending His only Son to rescue you.

**What about the bread and juice?** *(provide bread and juice like you use in your service)*

We don't have the exact same bread and drink as Jesus did in the Bible, so we use pieces of bread and we use grape juice. If we didn't have access to those things, we could use

any juice and any crackers. They are just symbols to help us remember that Last Supper and Jesus' death on the cross.

Today, I have the bread and juice just like we are using in big church for you to see. If your child has asked Jesus to be their Savior, then you can participate together. If they have not yet, then just show them the elements and explain that one day they will also be able to drink the juice and eat the bread together with you.

**Discussion Questions:** Use any of the following questions to lead a discussion.

- What is the Lord's Supper? *An act that symbolizes the breaking of Christ's body and the shedding of His blood on the cross for us and our sins*
- Why did Jesus want His disciples to break bread and drink with him? *To remember Him and His death on the cross*
- What happened after the Last Supper? *Jesus is betrayed by Judas and then is crucified*
- Does it matter what type of bread or drink we have for it? *No, they are just symbols*
- Who can take the Lord's Supper? *Anyone who is a follower of Jesus*
- What should we think about as we take the Lord's Supper? *Thank Jesus for His sacrifice on the cross, confess our sins and ask for forgiveness.*
- Has anyone ever taken the Lord's Supper? What was it like?
- Why do you think it's important that we do the Lord's Supper?

**Memory Verse Challenge Game:**

Ahead of time, print out this rotation's memory verse (see below) onto a sheet of paper. Cut individual words or phrases out. Spread the words around a room, taping them to a wall or hiding them. At "go", child must find all the words and then assemble them in the correct order.

You can also cut the paper into odd shapes to make a puzzle. Have your child work to assemble the puzzle.

**Close your time in prayer.**

Dear God, Thank you for the Lord's Supper, a special time we have as a church and as individuals to come together to celebrate what your Son, Jesus has done for us. Help us to always take time, even when not doing the Lord's Supper, to remember His great sacrifice on the cross for us so that we can be with Him forever.

*These ideas were adapted from [Path Through the Narrow Gate's Blog](#).*

*“...He took bread, gave thanks and broke it, and gave it to them saying, ‘This is my body given for you; do this in remembrance of me.’ In the same way, after the supper, he took the cup, saying, ‘This cup is the new covenant in my blood which is poured out for you.’”*

**Luke 22: 19-20 - (NIV)**